

Texas A&M University – Commerce

SEEKING RESEARCH STUDY PARTICIPANTS!

The Client Experience of Treatment for Generalized Anxiety Disorder: Utilizing Eye Movement Desensitization and Reprocessing and Motivational Interviewing: A Case Study Reflection

Are you over the age of 24 and currently experiencing concerns with anxiety? We are conducting a research study about a new treatment for Generalized Anxiety Disorder and we are looking for participants! Utilizing this treatment protocol, the researchers will attempt to explore a comprehensive host of factors that may be influencing the existence and/or severity of Generalized Anxiety. The researcher will utilize EMDR and Motivational Interviewing and will rely on the participants' views of the causes and effects of anxiety on their lives in order to develop meaning and treatment. If you are interested in participating in this study, the time invested will be a six-to-eight-week period of time, meeting weekly for hourly sessions.

Possible Risks:

- Psychological risks due to participation in a research project can include discomfort, stress, anxiety, and/or distress.
- Personal or uncomfortable open-ended questions may be difficult to answer.

Possible benefits:

- Helping researchers gain insight into new protocols for treatment for Generalized Anxiety Disorder.
- Assisting the body of evidence regarding the effectiveness of the treatment strategy so that more clients may be better served in the future.
- Experiencing anticipated benefits at no personal cost monetarily other than time spent in the participation of the study.

*This research is conducted under the direction of Dr. LaVelle Hendricks, Department Head,
Counseling Department
(IRB number: 2437)*

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